

第三十节

觉识的等级 (四)

Consciousness levels:

Part 4

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三稱

南 無 佛

Namo Buddhaya

南 無 法

Namo Dharmaya

南 無 僧

Namo Sanghaya

聖

開經偈

无上甚深微妙法
百千万劫难遭遇
我今见闻得受持
愿解如来真实义

关键概念 Key concepts



- ❖ 科学是通过测量来实现的可证伪性测试。因此，抽象的概念需要用科学方法加以量化。
Science is about falsifiability testing through measurement. Therefore, abstract concept need to be quantified by scientific methods.
- ❖ 人体运动机能学的技术是用来量化觉识的。
Kinesiological technique is used to quantify consciousness.
- ❖ 量化是重要的，因为它把形而上学带入物理的领域。
Quantification is important because it brings the metaphysical into physical realm.

Clinically Proven "Map of Consciousness"

	View on God	View on Life	Level Name	Level #	Emotions	Process		
	Self	Is	Enlightenment	<u>700-1000</u>	Ineffable	Pure Consciousness		
	All-Being	Perfect	Peace	<u>600</u>	Bliss	Illumination		
		<i>Spontaneous Healing</i>						
	One	Complete	Joy	<u>540</u>	Serenity	Transfiguration		
	Loving	Benign	Love	<u>500</u>	Reverence	Revelation		
	Wise	Meaningful	Reason	<u>400</u>	Understanding	Abstraction		
	Merciful	Harmonious	Acceptance	<u>350</u>	Forgiveness	Transcendence		
	Inspiring	Hopeful	Willingness	<u>310</u>	Optimism	Intention		
	Enabling	Satisfactory	Neutrality	<u>250</u>	Trust	Release		
	Permitting	Feasible	Courage	<u>200</u>	Affirmation	Empowerment		
	<i>Levels at or above 200 have Truth, Integrity and support life.</i>					<i>CREATIVE</i>		
	<i>Levels below 200 are False, lack Integrity, do not support life.</i>					<i>DESTRUCTIVE</i>		
	Indifferent	Demanding	Pride	<u>175</u>	Scorn	Inflation		
	Vengeful	Antagonistic	Anger	<u>150</u>	Hate	Aggression		
	Denying	Disappointing	Desire	<u>125</u>	Craving	Enslavement		
	Punitive	Frightening	Fear	<u>100</u>	Anxiety	Withdrawal		
	Disdainful	Tragic	Grief	<u>75</u>	Regret	Despondence		
	Condemning	Hopeless	Apathy	<u>50</u>	Despair	Abdication		
	Vindictive	Evil	Guilt	<u>30</u>	Blame	Destruction		
	Despising	Miserable	Shame	<u>20</u>	Humiliation	Elimination		

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POWER is self-sustaining, permanent, stationary, and invincible.
FORCE is temporary, consumes energy, and moves from location to location.

Logarithmic Energy Field Increases: **1** = 1; **2** = 10; **3** = 100; **4** = 1,000; **5** = 10,000; **6** = 100,000 ...etc. 5

All levels below 500 are "objective" and all levels from 500 to 1000 are "subjective."

科学观 Scientific views

❖ 能量守恒定律指出，一个孤立系统的总能量是恒定的；能量可以从一种形式转化成另一种形式，但既不能产生也不能消灭。 **The law of conservation of energy states that the total energy of an isolated system is constant; energy can be transformed from one form to another, but can be neither created nor destroyed.**

科学观 Scientific views

❖ 能量 = 力量 = 常数 = 自然的

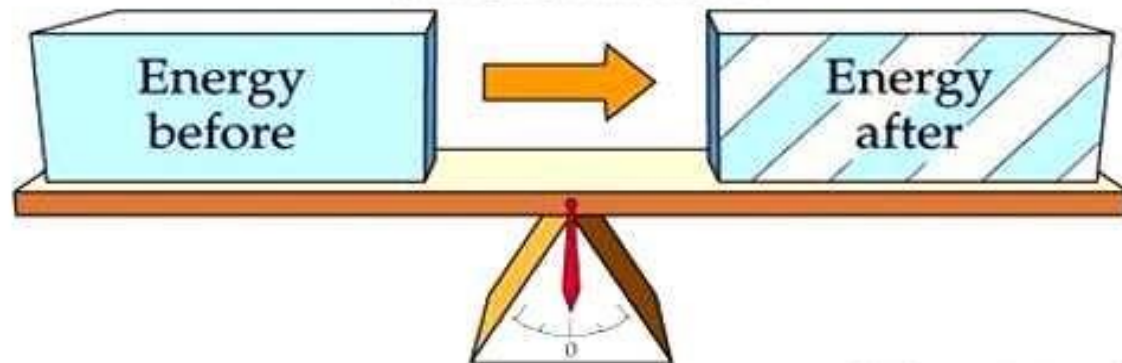
Energy = Power = constant = natural

❖ 如来=如来如去=从形而上学到物理领域

**Tathagata = coming and going =
metaphysical to physical realm.**

The First Law of Thermodynamics

Energy
transformation



上帝观点 God-view	生命观点 Life-view	等级 Level	分数 Log	感受 Emotion	过程 Process	对一个高档区老流浪汉的反应 Reaction to an old Bum in an upscale neighborhood
否认 Denying	失望 Disappointing	期望 Desire	125	渴求 Craving	奴役 Enslavement	Why doesn't somebody do something? 为什么没有人做些事情去解决这个社会问题?
惩罚性 Punitive	可怕 Frightening	恐惧 Fear	100	焦虑 Anxiety	撤离 Withdrawal	Threatening, a social menace, call the police 他对我有人生威胁, 是一个社会的危害, 要叫警察。
輕蔑 Disdainful	悲慘 Tragic	悲傷 Grief	75	Regret 可怜	沮喪 Despondency	Tragic, friendless, forlorn 悲劇性的, 寂寞, 孤獨
谴责 Condemning	绝望 Hopeless	冷漠 Apathy	50	失望 Despair	退位 Abdication	Society can't do anything about homelessness 社会对无家可归的人没做任何事 (没有服务, 援助)
報復性 Vindictive	邪惡 Evil	Guilt 有罪	30	Blame 責怪	毀壞 Destruction	He is to be blamed for his condition 他的情况归咎于他自己。
鄙視 Despising	淒慘 Miserable	羞耻 Shame	20	Humiliation 羞辱/屈辱	消除 Elimination	Dirty, disgusting, disgraceful 觉得他肮脏、恶心、可耻

上帝观点 God-view	生命观点 Life-view	等级 Level	分数 Log	感受 Emotion	过程 Process	对一个高档区老流浪汉的反应 Reaction to an old Bum in an upscale neighborhood
启用 Enabling	满意 Satisfactory	中立 Neutrality	250	信任 Trust	释放 Release	Looks okay, "Live and let live," after all, he's not hurting anyone. 他看起来无大碍，“各有各人的生活”，毕竟他没有伤害任何人。
允许 Permitting	可行 Feasible	勇气 Courage	200	肯定 Affirmation	授权 Empowerment	Wonder if there is a local homeless shelter 我想知道当地是否有无家可归者收容所（住所服务和机构）。
冷漠 Indifferent	贪/需要 Demanding	Pride 贡高我慢	175	蔑视 Scorn	膨胀 Inflation	An embarrassment or lacking the self-respect to better himself 流浪汉的存在让我感到尴尬，他为什么缺乏自我尊重去改善自己呢？
复仇 Vengeful	对抗性的 Antagonistic	愤怒 Anger	150	嗔恨 Hate	侵略 Aggression	Could be violent, or furious that such horrible conditions exist in our country today 他可能有暴力，我对我们国家今天还存在这样可怕的情况感到愤怒。

上帝观点 God-view	生命观点 Life-view	等级 Level	分数 Log	感受 Emotion	过程 Process	对一个高档区老流浪汉的反应 Reaction to an old Bum in an upscale neighborhood
明智 Wise	有意义的 Meaningful	了解/研究 Reason	400	理解 Understanding	抽象化 Abstraction	A symptom of the current economic and social malaise, or perhaps a good subject for in-depth psychological study 这是一个当前经济和社会弊病的症状，或者是深入心理研究的一个好题材。
仁慈 Merciful	和谐 Harmonious	接受 Acceptance	350	宽恕/饶恕 Forgiveness	超越 Transcendence	Intriguing; probably has an interesting story; he's where he is for reasons we may never understand. 耐人寻味;他可能有一个有趣的故事，我们可能永远不会明白原因。
鼓舞 Inspiring	希望 Hopeful	愿意 Willingness	310	乐观 Optimism	意图 Intention	Decide to go down and see what we can do to cheer him up, volunteer some time at the local shelter 决定走过去看看我们能做些什么，令他振作起来，并愿意去当地的庇护所做义工。

觉识的等级 Levels of Consciousness

上帝观点 God-view	生命观点 Life-view	等级 Level	分数 Log	感受 Emotion	过程 Process	Reaction to an old Bum in an upscale neighborhood 对一个高档区老流浪汉的反应
真我 Self	如是 is	开悟明了 Enlightenment	700-1,000	无法形容 Ineffable	纯粹觉识 Pure Consciousness	<i>He is a perfect and beautiful (bum)</i> 他是一个完美潇洒的（流浪汉）。
众生 All-Being	完美 Perfect	平和 Peace	600	欣悦 Bliss	光明 Illumination	Revealed as our own self in a temporary expression 人生不如意之事，十之八九。他的遭遇也可以发生在我的身上，所以我感同身受。
一体 One	完整 Complete	喜悦 Joy	540	安详 Serenity	变身 Transfiguration	Transcended social limits and gone free, a joyful old guy with the wisdom of age in his face and the serenity that comes from indifference to material things.
爱 Loving	温和/良性 Benign	爱 Love	500	敬重 Reverence	启示 Revelation	從社會束縛升華和解脫，一位歡樂的老傢伙，歲月智慧在他的臉上散發，對物質需求冷漠而得到安祥。

觉识的等级 Levels of Consciousness

- 镜子效应：我们看待流浪汉的方式是我们看待自己的一个反映。 **Mirror effect: the way we see the bum is a reflection of seeing our own self.**
- 我们是通过六识来观察流浪汉的（例如：脏、臭或有害）。 **The bum was observed through our 6 senses (i.e. dirty, smelly or harmful).**
- 五蕴影响了我们对流浪汉的感知（穷人、不友好、肮脏的老流浪汉）。 **The 5 aggregates influence the perception of the bum (i.e. poor, unfriendly, dirty old bum).**

觉识的等级 Levels of Consciousness

- 我们应该从我们的第八识，我们的灵魂那里向外观察流浪汉。

We should observe the bum from our 8th sense, our soul, outwardly.

- 观察者创造了他/她所观察到的东西/现象。

Observer creates the observed.¹³

觉识的等级 Levels of Consciousness

- 生命的意义是什么？觉识创造了(生命) 一个宏伟大设计的奇迹，这是为了能感知/觉知觉识自己本身。每个人都应该知道这一目的。觉识创造了宇宙吗？

What is the meaning of life? Consciousness created (life) a miracle of grand design for it to perceive itself. Each human should become AWARE of this purpose. Did consciousness create the universe?

- 觉识的等级/水平是思维框。

Consciousness levels are thinking boxes.

觉识的等级 Levels of Consciousness

- 觉识等级表格表示/列明了一个对觉识量化的连续尺度。**The table of consciousness levels represents a continuum scale.**
- 觉识的每一个等级都定义了它本身有限的感知和理解能力。**Each level of consciousness defines its own limited capacity of perception and comprehension.**
- 位于较高觉识等级的人总是可以理解较低等级的人。**People at higher level always understand people at lower levels.**
- 位于较低觉识等级的人不能理解更高等级的人。**People at lower level cannot understand the people at higher level.**

觉识的等级 Levels of Consciousness

- 觉识等级高水平的人员有责任把较低水平的人们拉升上来。 **It is the responsibility of people at higher levels to pull the population at lower levels up.**
- 同时，处于觉识等级较低等级的集体意识也在拉低高等级的人们。 **Also, collective consciousness at lower level tries to pull down the people at the higher levels.**
- 因此，觉识的每一等级都构成一个能量场，它尽力吸引更高一层的等级回落到它们的等级，并尽力吸引在其以下一层的等级提升上来。 **Therefore, each level constitutes an energy field, which tries to attract the next higher level back down to their level and try to attract the one level below to go up.**

觉识的等级 Levels of Consciousness

- 它是在相邻等级之间产生的一个吸引力。
It is always an attraction of adjacent levels.
- 在一个生命的时间里，一个人只能向上提高至最多5个对数刻度的测量单位。我们可以轻易倒退，但很难上升。
In one life time, an individual can only advance upwards to the most by a log scale measurement of 5 units only. We can regress easily, but it is difficult to advance.

觉识的等级 Levels of Consciousness

- 觉识等级可以通过行动来提升。
Consciousness levels can be elevated through action.
- 有意识地从无所事事到做些事情(行动)的意欲和愿望将有助于提高觉识等级。
The desire and the willingness of conscious progress from doing nothing to doing something (action) will help to elevate the consciousness level.
- 开悟明了是把价值赋予一个人的生命这种激情。
Enlightenment is the passion to put value into one's life.

觉识的等级 Levels of Consciousness

- 200分的等级是与完整性和勇气相关的关键响应点。低于200分，动力响应变为负面的(力-破坏性)。在200分以上，动力响应为正面的(量-建设性)。

Level 200 is the critical response point which is associated with integrity and courage. Below level 200, the kinetic response goes negative (force → destructive). Above level 200, the kinetic response goes positive (power → constructive).

- 低于200分的等级，主要动力(动机)是个人的生存(自我)。 **Below 200, the primary impetus (motivation) is personal survival, (self)**
- 在最低的等级，是绝望和沮丧的地带，甚至缺乏这种生存动机。 **At the very bottom of the scale, the zone of hopelessness and depression, even this survival motive is lacking¹⁹.**

觉识的等级 Levels of Consciousness

- 在200分以上的等级，他人的幸福/福祉变得越来越重要。（无我/无私） **Above 200, the well being of others becomes increasingly important. (Selfless)**
- 在250分的等级，有意义的人类满足感开始。某种程度的自信开始成为觉识进化中积极生活体验的基础。 **At level 250, meaningful human satisfaction begins. Some degree of self confidence begins to emerge as a basis for positive life experiences in the evolution of consciousness.**
- 在500分的等级，他人的幸福/福祉成为必不可少的激励力量。 **At level 500, the happiness of others emerges as the essential motivating power.**

觉识的等级 Levels of Consciousness

- 觉识等级在500分高水平的特点，是对自己和他
人灵性上的警觉感兴趣。

The high 500 level is characterized by interest in spiritual awareness of both oneself and others.

- 在600分这个等级/水平，人类的福祉和追求开悟
明了成为了生命的首要目标。

At level 600 the good of mankind and the search for enlightenment are the primary goal.

- 从700到1000分的等级，个人生命则奉献/献身于
拯救全人类。 **From 700 → 1000, life is dedicated to the salvation of all of humanity.**

集合分布 Collective distribution

- 85%人类的觉识等级经校准处在200分的临界水平以下。 **85 % of human race calibrates below the critical level of 200.**
- 人类的集体觉识在许多世纪都处于190分。 **The collective consciousness of mankind was at level 190 for many centuries.**
- 人类的觉识等级从1990年到现在的总体平均水平大约为207分。 **Overall average level of human consciousness from 1990's to today is approximately 207.**

集合分布 Collective distribution

- 目前世界上只有4%人口的觉识等级校准为500分或以上。 **Only 4 percent of world's population calibrates at level 500 or above.**
- 只有千分之四人口的觉识等级达到540分。 **Only 0.4 percent reach level 540.**
- 只有一千万之一人口的觉识等级可达到600分和600分以上。 **Only 1 in a 10 million reaches level 600 and above.**

觉识的等级 Levels of Consciousness

- 700分的觉识等级：所有人因其创造的神性而被创造平等的观念；人权是人类创造的内在属性，因此是不可剥夺的。 **Level 700: the concept that all men are created equal by virtue of the divinity of their creation, and human rights are intrinsic to human creation and therefore inalienable.**
- 美国宪法的觉识等级校准为700分。 **The Constitution of United States calibrates at level 700.**

觉识的等级 Levels of Consciousness

- 圣雄甘地的觉识等级校准为700分。
Mahatma Gandhi calibrates at level 700.
- 觉识等级1000分：只有克里希纳，佛陀/佛，耶稣。
At level 1000 : Only Krishna, Buddha, Jesus.
- 这些校准等级是用对数量度的。
These calibrating levels are in log scale.

觉识的等级 Levels of Consciousness

- 一个有300分觉识等级的人可以平衡/抗衡9万个200分以下的人。

One individual at level 300 counter balances 90,000 individuals below level 200.

- 一个有400分觉识等级的人可以平衡/抗衡40万个200分以下的人。

One individual at level 400 counterbalances 400,000 individuals below level 200.

- 一个有500分觉识等级的人可以平衡/抗衡75万个200分以下的人。

One individual at level 500 counterbalances 750,000 individuals below level 200.

觉识的等级 Levels of Consciousness

- 一个600分觉识等级的人可以平衡/抗衡一千万个200分以下的人。 **One individual at level 600 counterbalances 10,000,000 individuals below level 200.**
- 一个700分觉识等级的人可以平衡/抗衡七千万个200分以下的人。 **One individual at level 700 counterbalances 70,000,000 individuals below level 200.**
- 十二个700分觉识等级的人相当于一个1000分的救世者。 **Twelve individuals at level 700 equals one avatar at level 1000.**
- 在1995年，在这个星球上有12个人校准为700分。 **In 1995, there were 12 persons in this planet calibrating at 700.**



結束
THE END

感谢！

Thank You !

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Transfer of merit

By this effort, may all sentient beings be free of suffering.

May their minds be filled with the nectar of virtue.

In this way may all causes resulting in suffering be extinguished, And only the light of compassion shine throughout all realms.



聖

回向偈

愿以此功德，庄严佛净土
上报四重恩，下济三途苦
若有见闻者，悉发菩提心
尽此一报身，同生极乐国



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